



# CITIZENS SERVICES DIVISION DEPARTMENT OF AGING FREDERICK COUNTY, MARYLAND

1440 Taney Avenue • Frederick, Maryland 21702  
301-600-1605 • FAX: 301-600-3554 • TTY: Use Maryland Relay Service  
[www.FrederickCountyMD.gov](http://www.FrederickCountyMD.gov)

## COMMISSIONERS

Blaine R. Young  
*President*

C. Paul Smith  
*Vice President*

Billy Shreve

David P. Gray

Kirby Delauter

## COUNTY MANAGER

Barry L. Stanton

## CITIZENS SERVICES DIVISION

Margaret L. Nusbaum  
*Division Director*

## DEPARTMENT OF AGING

Carolyn B. True  
*Director*

## **Frederick County Department of Aging Offers New Seminar “Navigating the Nursing Home Journey”**

The Frederick County Department of Aging’s Caregiver Support and Ombudsman programs have developed a partnership seminar called “Navigating the Nursing Home Journey.” This seminar is designed for individuals who have recently placed a family member or loved one in a nursing home. The goal is to assist family members in navigating the practical and emotional issues surrounding nursing home placement of a loved one as well as to empower family members to advocate for their loved ones and work collaboratively with nursing home staff.

The seminar will be offered on Wednesday, May 18<sup>th</sup> from 9:00 AM – 12:00 PM at the Department of Aging office, 1440 Taney Avenue, Frederick. It will be educational in nature and include speakers on various topics of interest and include time for questions and for families to seek support from one another. The following topics will be covered:

- Overview of Nursing Homes and Communicating with Staff
- Common Care Concerns
- Hospice and Palliative Care in the Nursing Home
- Emotional reactions to Nursing Home Placement
- **NEW IN 2011-** Matters of Medicaid

Please call Mary or Mindy at 301-600-6001 or Mia at 301-600-2877 for more information or to register for the program. The program is free, but registration is required by May 16th.

## **CHARACTER COUNTS!**



TRUSTWORTHINESS • RESPECT  
RESPONSIBILITY • FAIRNESS  
CARING • CITIZENSHIP

CHARACTER COUNTS! and the Six  
Pillars of Character are service  
marks of the CHARACTER  
COUNTS! Coalition, a project of the  
Josephson Institute of Ethics.  
[www.charactercounts.org](http://www.charactercounts.org)